

## **MEDIA RELEASE**

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### **Source: Community Action Partnership of Greater St. Joseph**

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### **Next week, youth will experience a different type of camp**

*Campers will learn Life Skills during a 4-day camp*

(July 13, 2010—St. Joseph, MO) Ever wish, as a young adult, that you knew how to make \$30 buy food for the entire week, without eating Ramen? Ever wondered what your rights were as a renter? This month, youth in Cameron will experience a different type of camp, one that will answer these questions and prepare them for the “real world.”

“The Journey Begins” is a Life Skills camp designed for youth ages 14 and up, to get them started on life. Offered by Community Action Partnership of Greater St. Joseph (CAP St. Joe), the 3 and one-half day camp (July 19-22) covers a variety of topics that may be of interest to youth as they prepare to step out on their own.

The camp consists of several workshops on safety, legal issues, finances and nutrition, as well as breakfast and lunch. After getting to know each other, campers move on to topics like their financial futures, social networking, hunting and fishing laws, renters’ rights, and eating on a budget. During the workshops, campers will interact with presenters and other campers, engaging through discussion and hands-on activities, such as shopping for and cooking their own lunch.

“We think that it is important for young people to learn some skills and know about their rights as they get ready to enter the ‘real world,’” says Julie Greer, Cameron Outreach Specialist. “A lot of young adults don’t know what to do when they get in a sticky situation with a landlord, or when they have a limited amount of money for food that week.”

The camp begins Mon, July 19 at 8:30. It runs from 8:30-4:00 Mon.—Wed. and 8:30-12 Thurs. It is free and open to the public. Participants need to contact Julie Greer or Brandi Derstler by July 15 at (816) 632-7345 to attend.

Community Action Partnership has provided programs to move low-income families out of poverty since 1965, serving nearly 16,000 people in poverty in Andrew, Buchanan, Clinton and DeKalb Counties. Head Start is one of the core programs managed by the agency. Additional services provided by Community Action Partnership to low-income families include utilities assistance, affordable housing, financial literacy and home ownership classes, life skills and workforce training. For more information, visit [www.endpov.com](http://www.endpov.com).

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